

KICK AND RIDE

TUESDAY, JANUARY 23RD, 2018
12:00 PM – 2:00 PM



LIQUIDGYM REHAB & TRAINING CENTRE
34 STAFFORD RD, NEPEAN, ON K2H 8W1

JOIN US FOR A KICK OFF FOR MODC'S COMMUNITY CANVASS CAMPAIGN
COME AND RIDE THE ALINKER BIKE

AGENDA

Kick and Ride

12:00 PM	Refreshments
12:05 PM	Welcome and Introduction of Mayor Jim Watson Mary Lynne Stewart, National Director of Fund Development and Communications March of Dimes Canada
12:10 PM	Opening Address Mayor Jim Watson
12:20 PM	Welcome from LiquidGym and Introduction to the Facility Presented by Karen Snyder and Barbara Alink LiquidGym
12:30 PM	Brainwreck: A Survivor's Perspective on Brain Repair Presented by Candy Devine and Introduced by Doug Smith, NHL 1st Round Pick, thought leader in brain repair and author of " <i>The Trauma Code</i> " Unlocking Mental Performance and " <i>System 438</i> " How to Improve Mental Performance.
12:45 PM	Community Canvass Campaign - Online Campaign Participation Presented by Sabrina Pelligrini, Community Canvass Volunteer March of Dimes Canada
12:50 PM	Demonstration Presented by March of Dimes Canada's Ottawa Passport Program participants
1:00 PM	Refreshments

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